

Could Mr Meyrick O'Connor be the eldest tenant living in sheltered housing in the Vale of Glamorgan?

Meyrick is 99 years of age. He moved into Longmeadow Court Sheltered Scheme in Cowbridge in April 1976, a month after the complex opened.

He moved into Sheltered Accommodation due to ill health, but despite these health issues and being partially blind for many years, has continued to enjoy life.

Meyrick enjoys watching horse racing and regularly has a flutter. He has been quoted saying "**Most of his horses only**



have three legs"! He also frequents the local hostelrys, and is a regular at the Bear Hotel or the Duke of Wellington, for his daily pint.

Meyrick is quite famous in Cowbridge - Everybody knows him - Recently he was interviewed by the South Wales Echo and has become quite a celebrity throughout Wales. An article appeared

in a May edition of the paper, when Meyrick confirmed that he has received an invitation to visit the Queen in celebration

of his 100th birthday. He stated "he will not be able to visit her; she will have to come to Cowbridge to see him!!!"

This article also appeared in the weekly Newsletter for the RNIB and was listened to by residents with sight problems.

Linda Flanagan, Warden at Longmeadow Court says "Meyrick has a wonderful sense of humour, continually laughing and joking with other Tenants. He enjoys his daily pint and states the secret of his long life is he has never been married, so has had much less stress in his life!!!!!"

Meyrick will be 100 next April, so watch this space for party details.