

LOREN HENRY

HERITAGE

Loren Henry's Caribbean heritage connects to Antigua, St Kitts and Jamaica.

Family, travel and time by the sea shape how she sees the world.

Nature, culture, music and global experiences continue to influence how she lives, works and leads.

WALES MEANS...

COMMUNITY PRIDE POSSIBILITY

Born and raised in Newport, Loren has always considered Wales home.

Growing up Black and Welsh meant seeing both the beauty of the country and the challenges within it.

Those experiences shaped her commitment to creating spaces where young people feel safe, heard and valued.

Wherever she travels, returning to Wales reminds her that this is home.



COMMUNITY

CONTRIBUTION

Loren co-founded Urban Circle and became its CEO, growing it from grassroots youth work into a leading creative community organisation.

For over two decades she has helped young people organise, perform and lead through arts, education and activism.

Her work has included social research projects, youth work activity/education programmes and Wales' first international reggae festival.

STRENGTHS & JOY

A determined community leader who believes young people should be heard and trusted to lead. She finds joy in nature, music and seeing young people grow in confidence.

“YOU’VE GOT TO MAKE TIME, SPEND TIME, ACTIVELY LISTEN AND PUT TIME IN.”